

INDICATORS SUMMARY

Pend Oreille County, Washington

2026



OVERVIEW

Pend Oreille County Indicators Summary provides data demonstrating the health status of Pend Oreille County residents and some individual risk behaviors that contribute to health outcomes. The indicators in this report are used to monitor the population’s health and are updated as new data becomes available.

Pend Oreille County Indicators Summary demonstrates changes within Pend Oreille County over time and, when available, make comparisons between Pend Oreille County, Washington state, and the United States. Additionally, lower socioeconomic status is often associated with poorer health outcomes. When available

and appropriate, health indicators were analyzed by age, sex, race, education, and income to identify disparities.

The information in this document provides the community and local agencies information on health issues and affected populations. The information may help direct health and social interventions to areas of greatest need and build support for health policies, as well as educate the public, community organizations, and policymakers on the community’s health and well-being.

Up-to-date data, reports, and other information can be found at [countyhealthinsights.org/county/Pend Oreille](http://countyhealthinsights.org/county/Pend%20Oreille).

Pend Oreille County Indicators Grouped by High, Intermediate and Low Scores

High Score

Not Meeting Expectations

Indicator	Score
Flu Shot (Adult)	15
Preschool Immunization	15
Childhood Disability	14
Dental Check-Up	14
Tooth Loss (Adult)	14
Bullied (Youth)	13
Fruit and Vegetable Intake (Youth)	13
General Health (Adult)	13
Sigmoidoscopy/Colonoscopy	13
Vaping (Youth)	13

Intermediate Score

Indicator	Score
Breastfeeding	12
Child Abuse	12
Deaths	12
Food Insecurity (Youth)	12
Illicit Drug Use (Youth)	12
Insured (Adult)	12

Intermediate Score *cont.*

Indicator	Score
Mammogram	12
Overweight (Youth)	12
Personal Doctor (Adult)	12
Physical Activity (Youth)	12
Smokers (Adult)	12
Well Water	12
Years Potential Life Lost Age 65	12
Asthma (Youth)	11
Depression (Youth)	11
Diabetes (Adult)	11
Domestic Violence	11
Physical Activity (Adult)	11
Teen Immunization	11
Abortion	10
Binge Drinking (Adult)	10
Life Expectancy	10
Marijuana Use (Youth)	10
Obesity (Adult)	10
Physical Abuse (Youth)	10
Poor Mental Health (Adult)	10
Pregnancy	10

Intermediate Score *cont.*

Indicator	Score
School Age Immunization	10
Stroke (Adult)	10

Low Score

Meeting Expectations

Indicator	Score
Low Birth Weight	9
Serious Mental Illness	9
Suicide	9
Cancer	8
Drug Resistant Infection	8
Falls	8
Preterm Birth	8
Binge Drinking (Youth)	7
Food and Waterborne Disease	7
Maternal Smoking	7
Sexually Transmitted Infections	7
Smokers (Youth)	7
Unintentional Injury	7
Vaccine Preventable Diseases	6

INDICATOR DEFINITIONS

The indicators used in this summary are defined as follows.

Environmental

- Food and waterborne disease Disease rate for campylobacteriosis, E. coli, giardiasis, listeriosis, salmonellosis, and shigellosis.
- Well water Proportion of population using a private water system.

Health Behavior

- Binge drinking (adult) Percent of adults who binge drank in the last 30 days (5+ for men, 4+ for women).
- Binge drinking (youth) Percent of youth who had 5+ drinks in a row in the last 2 weeks.
- Breastfeeding Percent of births where the mother initiated breastfeeding.
- Fruit and vegetable intake (youth) ... Percent of youth who ate fruit and vegetables 5+ times per day.
- Illicit drug use (youth) Percent of youth who used illicit drugs in the last 30 days.
- Marijuana use (youth) Percent of youth in grades 6, 8, 10, and 12 who have used marijuana one or more times in the last 30 days.
- Maternal smoking Percent of births where the mother smoked during pregnancy.
- Physical activity (adult) Percent of adults doing 150 minutes or more of physical activity per week.
- Physical activity (youth) Percent of youth physically active 60 min/day on 5+ days per week.
- Smokers (adult) Percent of adults who smoke cigarettes.
- Smokers (youth) Percent of youth who smoke cigarettes.
- Vaping (youth) Percent of youth who used an e-cigarette or vape pen in the last 30 days.

Health Care

- Dental check-up Percent of adults who visited the dentist in the last 12 months.
- Insured (adult) Percent of residents currently with medical insurance.
- Mammogram Percent of women 40 years of age or older who have had a mammogram in the last year.
- Personal doctor (adult) Percent of adults with a personal doctor or healthcare provider.
- Sigmoidoscopy/colonoscopy Percent of adults 50+ years of age who have ever had a colonoscopy or sigmoidoscopy.

Health Status

- Asthma (youth) Percent of youth who currently have asthma.
- Cancer Incidence of new cases of cancer.
- Childhood disability Percent of children with a disability.
- Depression (youth) Percent of youth who felt so sad or hopeless almost every day for 2 weeks or more in a row, that they stopped doing some of their usual activities.
- Diabetes (adult) Percent of adults who have been diagnosed with diabetes.
- Food insecurity (youth) Percent of youth who had to skip or cut the size of a meal in the last year.
- General health (adult) Percent of adults reporting their general health status as excellent or very good.
- Obesity (adult) Percent of adults with a BMI=30+.
- Overweight (youth) Percent of youth that are overweight or obese.
- Poor mental health (adult) Percent of adults with 14+ days of poor mental health in the last 30 days.
- Serious mental illness Percent of adults who scored 10 or more on the Kessler 6 questions to identify serious mental illness.
- Stroke (adult) Percent of adults that ever had a stroke.
- Tooth loss (adult) percent of adults missing 6+ teeth due to decay.

Infectious Disease

Drug resistant infection	Rate of inpatient hospitalizations with infection with drug-resistant microorganisms (V09 and MRSA, diag 1-9).
Flu shot (adult)	Percent of adults who received a flu immunization in the last 12 months.
Preschool immunization	Percent of children 19-35 months of age with complete vaccination records on file in the Child Profile Immunization Registry (4-DTP, 3-Polio, 1-MMR, 3-Hib, 3-HepB, 1-Varicella, 4-PCV).
School age immunization	Vaccination personal exemption rate among school age children.
Sexually transmitted diseases.....	Rate of reported cases of chlamydia, gonorrhea, syphilis, and human immunodeficiency virus.
Teen immunization	Percent of youth 13-17 years of age with complete vaccination records on file in the Washington Immunization Information System (WAIIS) (1-Tdap, 1-MCV, 1-HPV).
Vaccine preventable diseases.....	Rate of cases of haemophilus influenza, acute hepatitis A, acute hepatitis B, measles, mumps, pertussis, rubella, tetanus, and meningococcal disease.

Injury and Violence

Bullied (youth).....	Percent of youth that have been bullied in the last 30 days.
Child abuse	Rate of accepted CPS referrals for abuse or neglect among children 0-17 years of age.
Domestic violence	Rate of DV offenses reported to law enforcement.
Falls.....	Rate of hospitalizations for a fall.
Physical abuse (youth).....	Percent of youth who report an adult ever physically hurt them on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury.
Suicide	Rate of deaths from suicide.
Unintentional injury	Rate of unintentional injury hospitalizations.

Reproductive Health

Abortion	Percent of pregnancies that are terminated by an induced abortion.
Low birth weight	Percent of births with a birth weight <2500g.
Pregnancy.....	Rate of births and induced abortions per 1,000 women 15-44 years of age.
Preterm birth.....	Percent of births with an estimated gestation age <37 weeks.

Summary Measures of Health

Deaths	Rate of deaths from all causes.
Life expectancy.....	Number of years an individual is expected to live from birth.
Years potential life lost age 65.....	Number of years of potential life lost due to death before age 65 years.

INDICATORS SUMMARY TABLES

Key

Score Grade ● High Score or Not Meeting Expectations ● Intermediate Score ○ Low Score or Meeting Expectations

Trend	Compared to Washington	Compared to HP 2030	Disparities	Magnitude
1 = getting better	1 = county better	1 = county better	<i>(out of available demographic categories)</i>	<i>(total population impacted)</i>
2 = no change	2 = same	2 = same	1 = none	0 = <0.01% (1/10,000)
3 = getting worse	3 = county worse	3 = county worse	2 = up to half	1 = 0.01%-0.9%
n/a = data not available	n/a = data not available	n/a = data not available	3 = more than half	2 = 1%-9.9%
			n/a = data not available	3 = 10%-24.9%
				4 = >25%
				n/a = data not available

Table 1. Environmental

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Food and Waterborne Disease	○	36.4 per 100,000	2	2	n/a	1	0	7
Well Water	●	61.4%	2	n/a	n/a	n/a	4	12

Table 2. Health Behavior

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Binge Drinking (Adult)	●	15.6%	2	2	1	2	3	10
Binge Drinking (Youth)	○	4.8%	1	2	1	1	2	7
Breastfeeding	●	93.5%	2	2	n/a	2	4	12
Fruit and Vegetable Intake (Youth)	●	30.3%	2	2	n/a	3	4	13
Illicit Drug Use (Youth)	●	8.1%	2	2	3	3	2	12
Marijuana Use (Youth)	●	8.8%	1	2	n/a	3	2	10
Maternal Smoking	○	3.8%	1	2	1	1	2	7
Physical Activity (Adult)	●	69.3%	2	2	1	2	4	11
Physical Activity (Youth)	●	61.6%	2	1	n/a	3	4	12
Smokers (Adult)	●	16.7%	2	3	2	2	3	12
Smokers (Youth)	○	3.1%	1	2	1	1	2	7
Vaping (Youth)	●	11.0%	2	3	n/a	3	3	13

Table 3. Health Care

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Dental Check-Up	●	53.4%	2	3	3	2	4	14
Insured (Adult)	●	92.0%	2	2	2	2	4	12
Mammogram	●	38.0%	2	2	3	1	4	12
Personal Doctor (Adult)	●	84.1%	2	2		2	4	12
Sigmoidoscopy/Colonoscopy	●	61.3%	2	2	3	2	4	13

Table 4. Health Status

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Asthma (Youth)	●	11.3%	2	3	n/a	1	3	11
Cancer	○	570.4 per 100,000	2	2	n/a	2	0	8
Childhood Disability	●	12.8%	3	3	n/a	3	3	14
Depression (Youth)	●	35.0%	2	2	n/a	1	4	11
Diabetes (Adult)	●	9.0%	2	2	3	2	2	11
Food Insecurity (Youth)	●	18.5%	2	3	3	1	3	12
General Health (Adult)	●	42.9%	2	3	n/a	2	4	13
Obesity (Adult)	●	33.9%	2	2	1	1	4	10
Overweight (Youth)	●	32.1%	2	2	3	1	4	12
Poor Mental Health (Adult)	●	12.5%	2	2	n/a	1	3	10
Serious Mental Illness	○	3.6%	2	2	n/a	1	2	9
Stroke (Adult)	●	3.8%	2	2	n/a	2	2	10
Tooth Loss (Adult)	●	26.6%	2	3	n/a	3	4	14

Table 5. Infectious Disease

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Drug Resistant Infection	○	43.7 per 100,000	2	2	n/a	n/a	0	8
Flu Shot (Adult)	●	32.2%	3	3	3	2	4	15
Preschool Immunization	●	36.4%	3	3	3	n/a	4	15
School-Age Immunization Exemption	●	2.5%	1	3	n/a	n/a	2	10
Sexually Transmitted Infections	○	145.7 per 100,000	2	1	n/a	2	0	7
Teen Immunization	●	7.9%	2	3	n/a	n/a	2	11
Vaccine Preventable Diseases	○	0.0%	1	2	n/a	1	0	6

Table 6. Injury and Violence

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Bullied (Youth)	●	36.2%	2	3	n/a	2	4	13
Child Abuse	●	89.4 per 1,000	3	3	3	n/a	1	12
Domestic Violence	●	11.5 per 1,000	3	3	n/a	n/a	1	11
Falls	○	438.6 per 100,000	2	2	n/a	2	0	8
Physical Abuse (Youth)	●	19.4%	2	2	n/a	1	3	10
Suicide	○	43.7 per 100,000	2	2	3	n/a	0	9
Unintentional Injury	○	638.6 per 100,000	1	2	n/a	2	0	7

Table 7. Reproductive Health

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Abortion	●	18.6%	2	2	n/a	1	3	10
Low Birth Weight	○	7.1%	2	2	n/a	1	2	9
Pregnancy	●	70.2 per 1,000	2	2	n/a	3	1	10
Preterm Birth	○	5.8%	2	2	1	1	2	8

Table 8. Summary Measures of Health

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Deaths	●	1,537.3 per 100,000	3	3	n/a	3	1	12
Life Expectancy	●	73.3 Years		3	n/a	1	n/a	10
Years Potential Life Lost Age 65	●	9,275.9 years		3	n/a	3	n/a	12



Photo Credits

Cover: *gjohnstonphoto*. [An HDR image of Harvey Creek winding into Sullivan Lake near Metaline Falls, Washington](https://www.istockphoto.com/photo/an-hdr-image-of-harvey-creek-winding-into-sullivan-lake-near-metaline-falls-washington). iStock by Getty Images. March 21, 2021. Accessed April 17, 2026. <https://www.istockphoto.com/photo/an-hdr-image-of-harvey-creek-winding-into-sullivan-lake-near-metaline-falls-gm1307683196-397877824>

Back Page: *gjohnstonphoto*. [Empty bench in park](https://www.istockphoto.com/photo/empty-bench-in-park). iStock by Getty Images. November 26, 2013. Accessed April 17, 2026. <https://www.istockphoto.com/photo/empty-bench-in-park-gm452678841-29951156>



Data Center

1101 W. College Ave., Room #360, Spokane, WA 99201
509.323.2853 | srhd.org

Author

Morgan Rosengrant, Research Scientist 2

Graphic Design

Jacqueline Dunn, Communications Specialist

April 2026

Spokane Regional Health District assures nondiscrimination in accordance with Title VI of the Civil Rights Act of 1964 and the Americans with Disabilities Act. To file a complaint or to request more information, reasonable accommodations, or language translations, contact 509.324.1501 or visit srhd.org. // Created: April 2026

