

# INDICATORS SUMMARY

*Adams County, Washington*

2026



## OVERVIEW

Adams County Indicators Summary provides data demonstrating the health status of Adams County residents and some individual risk behaviors that contribute to health outcomes. The indicators in this report are used to monitor the population’s health and are updated as new data becomes available.

Adams County Indicators Summary demonstrates changes within Adams County over time and, when available, make comparisons between Adams County, Washington state, and the United States. Additionally, lower socioeconomic status is often associated with poorer health outcomes. When available and appropriate,

health indicators were analyzed by age, sex, race, education, and income to identify disparities.

The information in this document provides the community and local agencies information on health issues and affected populations. The information may help direct health and social interventions to areas of greatest need and build support for health policies, as well as educate the public, community organizations, and policymakers on the community’s health and well-being.

Up-to-date data, reports, and other information can be found at [countyhealthinsights.org/county/Adams](https://countyhealthinsights.org/county/Adams).

## Adams County Indicators Grouped by High, Intermediate and Low Scores

### High Score

*Not Meeting Expectations*

Indicator	Score
Preschool Immunization	16
Insured (Adult)	15
Obesity (Adult)	14
Personal Doctor (Adult)	14
Sigmoidoscopy/Colonoscopy	14
Abortion	13
Flu Shot (Adult)	13
Mammogram	13
Overweight (Youth)	13
Physical Activity (Youth)	13
Pregnancy	13
Well Water	13

### Intermediate Score

Indicator	Score
Breastfeeding	12
Depression (Youth)	12
Diabetes (Adult)	12
General Health (Adult)	12
Vaping (Youth)	12
Binge Drinking (Adult)	11
Bullied (Youth)	11
Dental Check-Up	11
Fruit and Vegetable Intake (Youth)	11
Physical Abuse (Youth)	11
Poor Mental Health (Adult)	11
Teen Immunization	11
Tooth Loss (Adult)	11
Years Potential Life Lost Age 65	11
Childhood Disability	10
Food Insecurity (Youth)	10
Illicit Drug Use (Youth)	10
Physical Activity (Adult)	10
Serious Mental Illness	10
Sexually Transmitted Infections	10
Stroke (Adult)	10

### Low Score

*Meeting Expectations*

Indicator	Score
Child Abuse	9
Life Expectancy	9
Low Birth Weight	9
Marijuana Use (Youth)	9
Preterm Birth	9
Suicide	9
Domestic Violence	8
Cancer	8
Smokers (Adult)	8
Asthma (Youth)	7
Deaths	7
Drug Resistant Infection	7
Falls	7
Food and Waterborne Disease	7
Maternal Smoking	7
School Age Immunization	7
Smokers (Youth)	7
Unintentional Injury	7
Vaccine Preventable Diseases	7
Binge Drinking (Youth)	6

## INDICATOR DEFINITIONS

The indicators used in this summary are defined as follows.

### Environmental

- Food and waterborne disease ..... Disease rate for campylobacteriosis, E. coli, giardiasis, listeriosis, salmonellosis, and shigellosis.
- Well water ..... Proportion of population using a private water system.

### Health Behavior

- Binge drinking (adult) ..... Percent of adults who binge drank in the last 30 days (5+ for men, 4+ for women).
- Binge drinking (youth) ..... Percent of youth who had 5+ drinks in a row in the last 2 weeks.
- Breastfeeding ..... Percent of births where the mother initiated breastfeeding.
- Fruit and vegetable intake (youth) ... Percent of youth who ate fruit and vegetables 5+ times per day.
- Illicit drug use (youth) ..... Percent of youth who used illicit drugs in the last 30 days.
- Marijuana use (youth) ..... Percent of youth in grades 6, 8, 10, and 12 who have used marijuana one or more times in the last 30 days.
- Maternal smoking ..... Percent of births where the mother smoked during pregnancy.
- Physical activity (adult) ..... Percent of adults doing 150 minutes or more of physical activity per week.
- Physical activity (youth) ..... Percent of youth physically active 60 min/day on 5+ days per week.
- Smokers (adult) ..... Percent of adults who smoke cigarettes.
- Smokers (youth) ..... Percent of youth who smoke cigarettes.
- Vaping (youth) ..... Percent of youth who used an e-cigarette or vape pen in the last 30 days.

### Health Care

- Dental check-up ..... Percent of adults who visited the dentist in the last 12 months.
- Insured (adult) ..... Percent of residents currently with medical insurance.
- Mammogram ..... Percent of women 40 years of age or older who have had a mammogram in the last year.
- Personal doctor (adult) ..... Percent of adults with a personal doctor or healthcare provider.
- Sigmoidoscopy/colonoscopy ..... Percent of adults 50+ years of age who have ever had a colonoscopy or sigmoidoscopy.

### Health Status

- Asthma (youth) ..... Percent of youth who currently have asthma.
- Cancer ..... Incidence of new cases of cancer.
- Childhood disability ..... Percent of children with a disability.
- Depression (youth) ..... Percent of youth who felt so sad or hopeless almost every day for 2 weeks or more in a row, that they stopped doing some of their usual activities.
- Diabetes (adult) ..... Percent of adults who have been diagnosed with diabetes.
- Food insecurity (youth) ..... Percent of youth who had to skip or cut the size of a meal in the last year.
- General health (adult) ..... Percent of adults reporting their general health status as excellent or very good.
- Obesity (adult) ..... Percent of adults with a BMI=30+.
- Overweight (youth) ..... Percent of youth that are overweight or obese.
- Poor mental health (adult) ..... Percent of adults with 14+ days of poor mental health in the last 30 days.
- Serious mental illness ..... Percent of adults who scored 10 or more on the Kessler 6 questions to identify serious mental illness.
- Stroke (adult) ..... Percent of adults that ever had a stroke.
- Tooth loss (adult) ..... percent of adults missing 6+ teeth due to decay.

## Infectious Disease

Drug resistant infection .....	Rate of inpatient hospitalizations with infection with drug-resistant microorganisms (V09 and MRSA, diag 1-9).
Flu shot (adult) .....	Percent of adults who received a flu immunization in the last 12 months.
Preschool immunization .....	Percent of children 19-35 months of age with complete vaccination records on file in the Child Profile Immunization Registry (4-DTP, 3-Polio, 1-MMR, 3-Hib, 3-HepB, 1-Varicella, 4-PCV).
School age immunization .....	Vaccination personal exemption rate among school age children.
Sexually transmitted diseases.....	Rate of reported cases of chlamydia, gonorrhea, syphilis, and human immunodeficiency virus.
Teen immunization .....	Percent of youth 13-17 years of age with complete vaccination records on file in the Washington Immunization Information System (WAIIS) (1-Tdap, 1-MCV, 1-HPV).
Vaccine preventable diseases.....	Rate of cases of haemophilus influenza, acute hepatitis A, acute hepatitis B, measles, mumps, pertussis, rubella, tetanus, and meningococcal disease.

## Injury and Violence

Bullied (youth).....	Percent of youth that have been bullied in the last 30 days.
Child abuse .....	Rate of accepted CPS referrals for abuse or neglect among children 0-17 years of age.
Domestic violence .....	Rate of DV offenses reported to law enforcement.
Falls.....	Rate of hospitalizations for a fall.
Physical abuse (youth).....	Percent of youth who report an adult ever physically hurt them on purpose (like pushed, slapped, hit, kicked or punched you), leaving a mark, bruise or injury.
Suicide .....	Rate of deaths from suicide.
Unintentional injury .....	Rate of unintentional injury hospitalizations.

## Reproductive Health

Abortion .....	Percent of pregnancies that are terminated by an induced abortion.
Low birth weight .....	Percent of births with a birth weight <2500g.
Pregnancy.....	Rate of births and induced abortions per 1,000 women 15-44 years of age.
Preterm birth.....	Percent of births with an estimated gestation age <37 weeks.

## Summary Measures of Health

Deaths .....	Rate of deaths from all causes.
Life expectancy.....	Number of years an individual is expected to live from birth.
Years potential life lost age 65.....	Number of years of potential life lost due to death before age 65 years.

## INDICATORS SUMMARY TABLES

### Key

**Score Grade** ● High Score or Not Meeting Expectations ● Intermediate Score ○ Low Score or Meeting Expectations

Trend	Compared to Washington	Compared to HP 2030	Disparities	Magnitude
1 = getting better	1 = county better	1 = county better	(out of available demographic categories)	(total population impacted)
2 = no change	2 = same	2 = same	1 = none	0 = <0.01% (1/10,000)
3 = getting worse	3 = county worse	3 = county worse	2 = up to half	1 = 0.01%-0.9%
n/a = data not available	n/a = data not available	n/a = data not available	3 = more than half	2 = 1%-9.9%
			n/a = data not available	3 = 10%-24.9%
				4 = >25%
				n/a = data not available

**Table 1. Environmental**

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Food and Waterborne Disease	○	66 per 100,000	2	2	n/a	1	0	7
Well Water	●	25.3%	3	3	n/a	1	4	13

**Table 2. Health Behavior**

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Binge Drinking (Adult)	●	11.9%	3	2	1	2	3	11
Binge Drinking (Youth)	○	4.2%	1	2	1	1	1	6
Breastfeeding	●	86.1%	2	3	n/a	1	4	12
Fruit and Vegetable Intake (Youth)	●	29.5%	1	2	n/a	2	4	11
Illicit Drug Use (Youth)	●	6.7%	1	2	3	2	2	10
Marijuana Use (Youth)	○	6.2%	1	2	n/a	2	2	9
Maternal Smoking	○	0.3%	2	2	1	1	1	7
Physical Activity (Adult)	●	49.4%	2	3	1	1	4	10
Physical Activity (Youth)	●	40.3%	2	3	n/a	4	4	13
Smokers (Adult)	○	4.6%	2	1	1	2	2	8
Smokers (Youth)	○	2.0%	1	2	1	1	2	7
Vaping (Youth)	●	11.9%	3	2	n/a	2	3	12

# INDICATORS SUMMARY

**Table 3. Health Care**

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Dental Check-Up	●	67.9%	2	2	1	2	4	11
Insured (Adult)	●	83.2%	2	3	3	3	4	15
Mammogram	●	38.1%	2	2	3	2	4	13
Personal Doctor (Adult)	●	74.7%	2	3	n/a	3	4	14
Sigmoidoscopy/Colonoscopy	●	44.7%	2	3	3	2	4	14

**Table 4. Health Status**

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Asthma (Youth)	○	5.0%	1	1	n/a	1	2	7
Cancer	○	259.2 per 100,000	2	1	n/a	3	0	8
Childhood Disability	●	2.4%	1	1	n/a	4	2	10
Depression (Youth)	●	32.0%	2	2	n/a	2	4	12
Diabetes (Adult)	●	12.5%	2	2	3	2	3	12
Food Insecurity (Youth)	●	12.7%	1	2	3	1	3	10
General Health (Adult)	●	39.3%	2	3	n/a	1	4	12
Obesity (Adult)	●	39.3%	2	3	3	2	4	14
Overweight (Youth)	●	42.3%	2	3	3	1	4	13
Poor Mental Health (Adult)	●	14.0%	2	2	n/a	2	3	11
Serious Mental Illness	●	4.7%	2	2	n/a	2	2	10
Stroke (Adult)	●	2.8%	2	2	n/a	2	2	10
Tooth Loss (Adult)	●	12.4%	2	2	n/a	2	3	11

**Table 5. Infectious Disease**

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Drug Resistant Infection	○	9.4 per 100,000	2	1	n/a	n/a	0	7
Flu Shot (Adult)	●	31.6%	2	3	3	1	4	13
Preschool Immunization	●	69.2%	2	3	3	n/a	4	16
School-Age Immunization Exemption	○	0.9%	1	1	n/a	n/a	1	7
Sexually Transmitted Infections	●	938.7 per 100,000	2	2	n/a	3	1	10
Teen Immunization	●	42.7%	2	1	n/a	n/a	4	11
Vaccine Preventable Diseases	○	0.0%	2	2	n/a	1	0	7

## Table 6. Injury and Violence

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Bullied (Youth)	●	23.9%	1	2	n/a	3	3	11
Child Abuse	○	27.7 per 1,000	2	1	3	n/a	1	9
Domestic Violence	○	9.1 per 1,000	2	2	n/a	n/a	0	8
Falls	○	178.2 per 100,000	2	1	n/a	2	0	7
Physical Abuse (Youth)	●	17.1%	2	2	n/a	2	3	11
Suicide	○	9.4 per 100,000	2	2	3	n/a	0	9
Unintentional Injury	○	352.1 per 100,000	2	1	n/a	2	0	7

## Table 7. Reproductive Health

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Abortion	●	14.5%	3	2	n/a	3	3	13
Low Birth Weight	○	6.5%	2	2	1	2	2	9
Pregnancy	●	93.2 per 1,000	2	n/a	n/a	3	1	13
Preterm Birth	○	7.6%	2	2	n/a	1	2	9

## Table 8. Summary Measures of Health

Category	Score Grade	Measurement	Trend Score	State Score	HP 2030 Score	Disparities Score	Magnitude Score	Score (n/a = 2)
Deaths	○	537.7 per 100,000	2	1	n/a	2	0	7
Life Expectancy	○	81.3 years	n/a	2	n/a	1	n/a	9
Years Potential Life Lost Age 65	●	3,597 years	2	3	n/a	2	n/a	11



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